



## Clinic Information

Welcome to all my new 9th graders! I am Jan Fletcher, (better known as Nurse Jan), and I am the school nurse here at TWHS 9th grade campus.

I will have a table set up on Friday, August 2nd, when you come to pick up your schedules, so come by and visit with me.

If your student takes daily meds, please stop and pick up the necessary forms you will need to fill out. I would love it if you would bring these meds, (along with the completed forms), to me either Friday, August 9th , Monday, August 12th or Tuesday, August 13th. These are work days for us and there will be no students in the clinic.

1. Prescriptions must be in ORIGINAL containers (ask your pharmacy for school bottle)
2. Over the counter meds DO NOT have to be new, just not expired
3. Injuries, surgeries, etc. note from MD with restrictions.
4. Elevator pass – issued for crutches, cast, braces, wheelchairs, or any other disabilities, note from MD
5. Headaches, menstrual cramps, migraines – bring meds, I have a darkroom and heating pads.
6. Inhalers and Epi-pens, may carry with MD form signed (If you see your MD this summer just get me a note stating why they need it and that they can carry).
7. Higher doses of over the counter meds, MD note stating dose amount and why
8. If your student has a LOVE of visiting the Nurse, please bring me a LARGE Ziploc with pain reliever, allergy med, pepto, tums, cough drops, throat lozenges, my job is to keep them in school....this helps me do that! !!
9. PLEASE DO NOT SEND YOUR CHILD TO SCHOOL SICK!!!!!!!!!! Temps 100 or greater, vomiting or diarrhea.....KEEP THEM AT HOME!!!!!!

My clinic door is always open to you and your student if you want to visit...or give me a call if you have a question.....832-592-8209 Clinic Hours 7 AM – 3 PM

I look forward to meeting and visiting with all of you, as we transition into being a High School Freshman.....Go Highlanders!!